

2024 CLASS SCHEDULE

CLICK on the REGISTER NOW button to wait list for 2024 classes. Families will be contacted throughout January where positions are available

TERM 1 RESUMES MONDAY 22nd JANUARY 2024

the Club is CLOSED on AUSTRALIA DAY Friday 26th January; GOOD FRIDAY 29th March & EASTER SATURDAY 30th March

SESSION TIMETABLE for each PROGRAM

| PROGRAM | AGE | CLASS DURATION | MON | TUES | WED | THURS | FRI | SAT |
|------------------------------------|--------------------------------------|------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|
| EXPLORERS (Parent Participation) | 1 - 2½ years | 45 minutes class | | | 9:00am - 9:45am | 9:00am - 9:45am | | |
| ADVENTURERS (Parent Participation) | 2½ - 4 years | 1 hour class | 9:00am - 10:00am | | 10:00am - 11:00am | 10:00am - 11:00am | | |
| | | | 10:15am - 11:15am | | | 11:15am - 12:15pm | | |
| POCKET ROCKETS | 4 - 5 years | 1 hour class | 11:45am - 12:45pm | 9:00am - 10:00am | 11:30am - 12:30pm | 12:45pm - 1:45pm | 9:00am - 10:00am | |
| | | | 1:00pm - 2:00pm | 10:15am - 11:15am | | | 10:15am - 11:15am | |
| | | | | | | | 11:30am - 12:30pm | |
| GYM STARS | Full-time Prep at school | 1 hour class | | 3:30pm - 4:30pm | | | | 8:00am - 9:00am |
| | | | | 4:30pm - 5:30pm | | | | 9:00am - 10:00am |
| GIRLS' LEVEL 1 | Grade 1 at school - 9 years | 1 hour class | 3:30pm - 4:30pm | 3:30pm - 4:30pm | | 3:30pm - 4:30pm | | 8:00am - 9:00am |
| | | | 4:30pm - 5:30pm | | | 4:30pm - 5:30pm | | 9:00am - 10:00am |
| GIRLS' LEVEL 2 | 9 - 12 years | 1½ hour class | 4:30pm - 6:00pm | 4:30pm - 6:00pm | 3:30pm - 5:00pm | 4:30pm - 6:00pm | 3:30pm - 5:00pm | 9:00am - 10:30am |
| | | | | | 5:00pm - 6:30pm | | 5:00pm - 6:30pm | 10:30am - 12:00pm |
| GIRLS' LEVEL 3 | by Coach selection | 1½ hour class | | | 3:30pm - 5:00pm | | 3:30pm - 5:00pm | 10:30am - 12:00pm |
| | | | | | 5:00pm - 6:30pm | | | |
| GIRLS' LEVEL 4 | by Coach selection | 2 hour class | | | 6:30pm - 8:30pm | | 5:00pm - 7:00pm | |
| BOYS' LEVEL 1 | Grade 1 at school - 8 years | 1 hour class | | 3:30pm - 4:30pm | | 3:30pm - 4:30pm | | 8:45am - 9:45am |
| BOYS' LEVEL 2 | 9 - 11 years | 1½ hour class | | 4:30pm - 6:00pm | | 4:30pm - 6:00pm | | 10:00am - 11:30am |
| BOYS' LEVEL 3 | 12+ years | 2 hour class | | 6:00pm - 8:00pm | | 6:00pm - 8:00pm | | 11:30am - 1:30pm |
| FITTER FOR LIFE | 50+ years Gentle exercise program | 1 hour class | | 9:00am - 10:00am | | | 9:00am - 10:00am | |
| HOME SCHOOLS | Home School Groups | 1 hour class | | 1:30pm - 2:30pm | | | 1:30pm - 2:30pm | |