

# GENERAL CLUB RULES



## ***General***

- 1.1 The gym floor is the domain of gymnasts & coaches only. Parents and siblings are not to enter the training area unless invited by the coach. This is a safety rule.
- 1.2 Under no circumstance is any person granted permission to play on any equipment.
- 1.3 Parents are not permitted to supervise children on the equipment (the exception being Gym Explorer & Kinder Gym enrolments)
- 1.4 Under no circumstance is anyone permitted to play in the car park.
- 1.5 Gymnasts must be collected from inside the gym. The designated waiting area is the seating area. Please contact the Club if you will be late to collect your child immediately after training ceases.
- 1.6 No talking to gymnasts or coaches during classes. Should you wish to speak to your child's coach or Coordinator, arrange an appointment through the Office/Kiosk. In case of emergency, please direct information through Office/kiosk staff.
- 1.7 Only working coaches and Executive Management Committee are permitted in the training area.
- 1.8 No smoking in the building or within 4 metres of the outer parameter. Refer to Smoke-Free Policy.
- 1.9 Inform coaches of any medical conditions that may affect your child.

## ***Gymnasts***

- 2.1 No gymnasts may enter the gymnasium or use any equipment until their class has commenced under the supervision of the Coach.
- 2.2 No running between apparatus. Walk around equipment to get from one point to another.
- 2.3 No littering – please use bins provided.
- 2.4 Treat the Club & equipment with respect. (Do not pick the foam or mats; do not deface any photographs, notices or program charts displayed in the gym).
- 2.5 Hair must be tied back during class. No jewellery is to be worn.

- 2.6 All gymnasts waiting to be picked up must wait in the seating area, in view of the canteen convener or coach.
- 2.7 All gymnasts are to tidy the gymnasium at the completion of their training session. Equipment is to be returned after use.
- 2.8 Assigned lockers are to be kept clean & tidy. Gymnast is to provide their own lock. The Club accepts no responsibility for any item or valuables stored in lockers.
- 2.9 No food or drink is permitted in the training area.